



What is a Rescued Life?

Yes, and I will continue to rejoice, for I know that through your prayers and God's provision of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance.[d] 20 I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. 21 For to me, to live is Christ and to die is gain. Phil 1:18b-21

Getting on the Same Page

Living a rescued life is one of the greatest decisions we can make for the benefit of our relationships and the quality of our lives. Living a rescued life means recognizing that you have been rescued and are now free to live in need of ongoing rescue. A rescued life is one that is secure, sacrificial, and strange. While as rescued life is the best kind of life available to everyone, it is the only one available to the Jesus follower.

Discussion Questions

Getting Started

- How would you rate yourself as a risk-taker? **1**(risk avoidant) to **10** (risk embracer)
- Do you agree with the statement, "Living a rescued life is the single greatest decision you can make to optimize every relationship in your life"? Why or Why not?

Study

Read Phil 1:1-26 Together

- In verses 1-11 how does Paul demonstrate how prayer, thanksgiving, and joy are hallmarks that distinguish the Christian life?
- This ‘*thanksgiving + prayer*’ kind of life results in a life of joy.” How have you found this to be true in your own life? How does it lead to Joy, and why?
- In verses 12-26 what was Paul’s perspective about his own circumstances? How should that challenge us when considering our own circumstances?
- What does this passage teach us about having confidence in God’s gracious providence? Is it consoling, encouraging, and comforting to think about being under the sovereign care of God?
- How can God’s sovereign care inject confidence into circumstances that otherwise are trying to strip it away?
- Verses 20-21 are thought of as the anthem of Paul’s life. How do we live like Paul here? How do we live so that tangible manifestations of the gospel becomes the singular passion of our lives?

Reflect

Respond to each of the following statements

- Living as a Christian means seeing your own story as a lived expression of the life of Jesus.
- There are expressions of grace and provisions of courage that we will never have access to if we refuse to take risks that require them.
- We live rescued lives by taking responsibility for our choices and our personal growth, maintaining an intractable expectation of renewal, and continuously risking certainty and comfort for the advancement of God’s Kingdom.

Apply

- How would you define “living a rescued life”?
- What area of your life would be different if you lived with confidence that you would have “sufficient courage”?